



Sermon Discussion Guide
What the Christian Life Actually Looks Like
Luke 9:18-27
Rev. Zach Lutz, Mar 06, 2022

Step 1: Reflect on the Text

Read the Scripture printed above. What stood out to you (interesting, challenging, confusing, etc.)?

Step 2: Reflect on the Sermon

- 1) What do you think about the health, wealth, and prosperity gospel? Can you identify places in your own faith where you assume this mentality?

DENYING SELF

- 2) What is a sin in your life where indulging in it feels like gaining while refraining feels like dying?
- 3) As we go through this season of Lent, leading up to the cross and Easter, what might Jesus be calling you to deny that you are desperately trying to keep a hold of?

TAKING UP OUR CROSS DAILY

- 4) What do you think the difference is between Jesus' call for us to take up our crosses daily and having a victim mentality (i.e., 'I sacrifice so much for others; 'I must deal with this hardship: it is just my lot', ect)?
- 5) What is a daily sacrifice you are engaging in currently? If none, could you think of a way where you might be able to sacrifice in service of another?

Step 3: Final Reflections

- 6) Zach said we ultimately do not believe in the health, wealth, and prosperity gospel because we have already experienced Jesus' peace. How have you experienced that peace recently?
- 7) We are all trying to keep hold of our lives and pushing away death (either physical or metaphorical). But because Jesus is the Resurrection and the Life he tells us to let go of our lives because he is the one who gives us new life. How might this reality transform your life at work? What about your friendships?
- 8) How has your understanding, appreciation, and love for Jesus and the gospel grown as a result of this study?
- 9) In what areas of faith and practice are you feeling convicted by the Holy Spirit to work on as a result of this study?