



Sermon Discussion Guide

Psalms: Songs of the Soul

Psalm 69:1-12, 19-29

Ronnie Garcia, June 7, 2020

Step 1: Reflect on the Text

Read the Scripture printed above. What stands out to you? What do you find interesting and/or important? What is challenging or causes you to have questions?

Step 2: Reflect on the Sermon

INTRODUCTION

1. Have you ever thought about the idea of one's inner life rotting from fear, worry, or whatever? Have you ever thought that the Bible is concerned about (or prioritizes) making sure your brain "thinks" right things, instead of helping your "heart" feel right things?
2. What was your one, big takeaway from the sermon? How would you summarize the main theme of the sermon in one phrase or sentence?

THE POET'S HURT (vv. 1-4)

1. What is lament? What is the difference between complaining and lamenting?
2. Have you ever thought that lament feels disrespectful? How is it an act of faith?

THE POET'S ANGER (vv. 22-26)

1. What is imprecation? How is imprecation tied to God's promise given to the offspring of Abraham in Genesis 12:1-3?
2. How is imprecation a helpful tool for God's people in order to keep us from violence?

Step 3: Final Reflections

1. Ronnie explained that Psalm 69 is about Jesus. Is there one part (or verse) of Psalm 69 that really shows you how Jesus fulfilled it?
2. In what areas of faith and practice are you feeling convicted by the Holy Spirit to act as a result of this study?