

Step 1: Reflect on the Text

Read the Scripture printed above. What stood out to you (interesting, challenging, confusing, etc.)?

Step 2: Reflect on the Sermon

- 1) What is your favorite "meal" memory? (favorite memory that was organized around a meal or favorite meal in general).
- 2) What is, in your experience, the usual 'mood' when celebrating the Lord's Supper? Somber, joyous, expedited, lingering? Does this communicate anything to you?
- 3) Are there spiritual disciplines (prayer, singing, reading the Bible, fasting, serving, communion) where you have felt the presence of God?

THE LORD'S SUPPER UNITES US TO ONE ANOTHER:

- 4) Can you share a time where a shared meal (or another experience) helped 'lower the walls of hostility' between you and someone else?
- 5) The divisions in the Corinthian church were made along socio-economic lines. What divisions have you found in the church today?
- 6) Why does remembering that Jesus is the host of the Lord's Supper break down walls of division between people? Why does this matter to you today?

THE LORD'S SUPPER UNITES US TO JESUS:

- 7) Why do you think Jesus chose bread and wine as the 'elements'?
- 8) Jesus wants to transform each of us. What changes do you think would happen in your life if you had dinner with Jesus every week?

Step 3: Final Reflections

- 9) How has your understanding, appreciation, and love for Jesus and the gospel grown as a result of this study?
- 10) In what areas of faith and practice are you feeling convicted by the Holy Spirit to work on as a result of this study?